



Product #70200

## Appleways

### 1.2 oz. Simply Wholesome Blueberry Pomegranate Soft Oatmeal Bars

#### Product Description

Appleways Simply Wholesome Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 1.2 oz. Soft Oatmeal Bars meet or exceed the USDA nutritional requirement for a one (1) ounce grain equivalent.

#### Ingredient Listing

Whole grain blend (rolled oats, whole grain wheat flour), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, invert syrup, soybean oil, corn syrup, canola oil, raisin paste, blueberry bits (sugar, soybean oil, whole grain wheat flour, blueberry powder, citric acid, fruit juice extract, natural flavors), eggs, apple puree (apples, ascorbic acid), apple juice concentrate, fructose, apple fiber, natural flavors, soy lecithin, nonfat dry milk, molasses, cocoa butter, salt, baking soda. **CONTAINS: EGGS, MILK, SOY, WHEAT**

\*Appleways 1.2 oz. Blueberry Pomegranate Soft Oatmeal Bars meet the USDA nutritional requirements to be a one (1) grain equivalent by containing 8 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.

\*Certified Kosher by Orthodox Union

\*Produced in a Nut-Free Bakery

Nutrition Facts	
1 Serving Per Container	
Serving Size	1 Bar (34 g)
Amount Per Serving	
Calories	<b>140</b>
% Of Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 75mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 8g Added Sugars	16%
<b>Protein 2g</b>	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 1mg	6%
Potassium 54mg	2%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



#### Packaging Information

Product Description	1.2 oz. Blueberry/Pomegranate
Case Code	70200
UPC Code	675825702004
GTIN	00-675825-702004
Case Pack	216
Case Dimensions	19" x 15 7/8" x 7 1/4"
Ship Weight	18.0 lbs.
Case Cube	1.3
Pallet Layer	6
Full Pallets	48 cases
Pallet Weight	904 lbs.

This product has been reviewed and approved by our Vice President of Bakery Sciences and Manufacturing:

Justin M. Miller CEC CPC

 CEC, CPC



To place orders, contact the Darlington customer service department at (800) 754-2202.

### Case Label

## Darlington 1.2oz Blueberry Pomegranate Appleways

Approx. 216 Bars  
Product No. 70200  
Net Weight 16.2 LBS. (7.35 KG)



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servings per container	
Serving size (34g)	
Amount per serving	
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Total Fat 4.5g	9%
Saturated Fat 0.5g	1%
Trans Fat 0g	0%
Cholesterol 5mg	1%
Sodium 75mg	3%
Total Carbohydrate 23g	8%
Dietary Fiber 1g	4%
Total Sugars 8g	16%
Includes 8g Added Sugars	16%
Protein 2g	4%
Vitamin D 0mg	0%
Calcium 10mg	0%
Iron 1mg	0%
Potassium 54mg	2%

\*Percent Daily Values are based on a diet of other people's secrets. © 2018 Darlington & Appleways. All rights reserved. For more information, visit us online at www.darlington.com.

## Appleways 1.2oz Blueberry Pomegranate Bars

### Ingredient Listing

Whole grain blend (rolled oats, whole grain wheat flour), enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, invert syrup, soybean oil, corn syrup, canola oil, raisin paste, blueberry bits (sugar, soybean oil, whole grain wheat flour, blueberry powder, citric acid, fruit juice extract, natural flavors), eggs, apple puree (apples, ascorbic acid), apple juice concentrate, fructose, apple fiber, natural flavors, soy lecithin, nonfat dry milk, molasses, cocoa butter, salt, baking soda. CONTAINS: WHEAT, SOY, EGGS, MILK

BB: January 26, 2018  
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